Your New Year reset

One evening, seven steps. Then fifteen minutes a week.

☐ *1.* Clear last year's list: do it, keep it, or let it go

☐ *2.* Put the year's known dates on the calendar

☐ *3.* Write down what opens early (camps, sign-ups)

☐ *4.* Pick one weekly reset time

☐ *5.* Write down the routines you repeat

☐ *6.* What I'm letting go this year

☐ *7.* Three things for the first week

Or say it to Lawna: "Spring break is March 16th to the 20th. Camp registration opens January 15th. Soccer is every Tuesday and Thursday at 5."